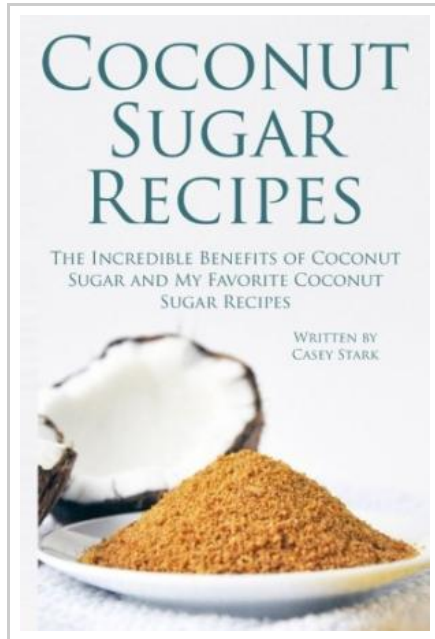




Coconut Sugar Recipes: The Incredible Benefits of Coconut Sugar and My Favorite Coconut Sugar Recipes

By Casey Stark

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Coconut Sugar RecipesThe Incredible Benefits of Coconut Sugar and My Favorite Coconut Sugar Recipes Coconut Sugar isn't a new fad superfood that is only just catching on, it's been used all over the world for years. We just don't use it much in western countries, which is highly surprising considering its many benefits and vast superiority over standard sugar. Coconut sugar is also sometimes called coconut palm sugar, coco sugar or coco sap sugar. It's taken from the coconut palm tree and not from coconuts itself, so even if you don't like the taste of coconut, you have nothing to worry about! In this eye-opening book, Casey Stark not only gives us her favourite recipes for using coconut sugar, with lots of ideas for sweet and delicious foods to make using this amazing natural sweetener, but she also tells us exactly why we should use it and goes into the many benefits of coconut sugar. For example, it's great for weight loss and also for diabetics as it doesn't cause...



READ ONLINE
[7.31 MB]

Reviews

This is the finest book i have got study right up until now. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Keanu Johns**

This is the finest book i have read until now. It is filled with wisdom and knowledge You can expect to like just how the author compose this ebook.

-- **Tobin Lesch**

See Also



Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...



No Friends?: How to Make Friends Fast and Keep Them

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends ? Are you tired of not having any friend and being lonely all the time...



How to Make a Free Website for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter # 2: Signing Up for a Website...



Talking Digital: A Parent s Guide for Teaching Kids to Share Smart and Stay Safe Online

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...



Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and effective guide for parents and students to...



31 Moralistic Motivational Bedtime Short Stories for Kids: 1 Story Daily on Bedtime for 30 Days Which Are Full of Morals, Motivations Inspirations

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Reading to children is a wonderful activity and past time that both parents and teachers enjoy. Seeing their rapt, excited...