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THE KETOSIS DIET: KETOGENIC DIET TIPS MADE SIMPLE



Speedy Publishing LLC, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ****** Print on Demand ******. Are you an athlete seeking to improve performance and lose weight? An ordinary citizen wanting to improve Type 2 diabetes, obesity or cardiovascular conditions? The Ketosis Diet - Ketogenic Diet Tips Made Simple may provide the introduction you need. In simple, straight-forward language, author Amy Zulpa explains what it is, the various types of ketogenic diet,...

Read PDF The Ketosis Diet: Ketogenic Diet Tips Made Simple

- Authored by Amy Zulpa
- Released at 2015



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